

SOLOMON SEZ



Solomons Island Yacht Club Newsletter

"One of the Friendliest Yacht Clubs on the Bay"

April, 2020

STANDING TOGETHER IN UNITY AND SOLIDARITY

.....6 FEET APART



Commodore's Corner

I hope everyone is doing as well as we can under the circumstances. I would like to thank all of our members who responded to helping if any of our members needed it. It was overwhelming!!! Please remember if you are in need of supplies and are nervous about leaving your home PLEASE reach out to us and we will do everything we can to help. We are a large family and we will get through this together.

I have had several conversations with many P/Cs and have reviewed our bylaws and there is no possible way for us to have a virtual BOG meeting in April. Therefore, we will not be having our monthly BOG on April 4th. Sorry for those who would have been voted in; we will try again in May.

We are also cancelling the Easter Sunrise Service we do every year at SIYC. Please be patient with all these cancellations.

Remember to stay safe and away from others. If we all do our part, we will be saving lives and hopefully helping to get to a point where there is an end in sight.



Vice Commodore's Corner

I'm looking forward to the day we are past this coronavirus and can once again meet in groups and socialize freely without the fear. This can only happen if we all remain vigilant in following self-quarantine guidelines outlined by Governor Hogan. I realize it's not easy to stay to ourselves and not socialize with friends and family, but we'd like to have each of you with us when this virus passes so please take care and stay safe.

I'd read recently that there is a self-check that can be done each morning to test for coronavirus. If you can take a deep breath and hold it for more than 10 seconds without coughing, discomfort, stiffness or tightness, you don't have the virus.





Rear Commodore's Corner

This is a difficult article to write for *Solomon Sez*. As you know, the Club was closed as of 5:00 pm on March 16, 2020, per Governor Hogan's Executive Order due to the coronavirus. As of this writing it remains closed pending further instruction from the Governor and Public Health officials. We do not know how long we will remain closed or how long this pandemic will last.

But what I do know is how strong and resilient the SIYC community is. I see it repeatedly everyday in the work of our volunteers, the concern we show for one another, and the help we provide to each other when needed. We will get through this together!

As Commodore Stanton said in an earlier email, if you need supplies or anything else, please let us know and we will do what we can to get you what you need. For ongoing health information, check the sites Fleet Surgeon Emalie Gibbons-Baker provided and will provide in her ongoing emails. For current information about the Maryland's status, check <https://coronavirus.maryland.gov>. It is updated regularly.

As we go through this event, please also keep in mind our small business neighbors in Calvert County. While many are closed, many restaurants remain open to provide carry-out food. Please consider buying a carry-out meal from one of our neighborhood restaurants to help them through this difficult time. Our immediate neighbor, *No Thyme to Cook*, has set up a trailer on their parking lot, serving a substantial menu. There are others providing carry-out. I am trying to find a list from the county, but in the meantime, if you like a restaurant, give them a call to see if they are providing carry-out. Our neighbors and friends need us.

Please take good care of yourselves. I miss seeing you at the Club and am looking forward to seeing you all again soon.



Fleet Surgeon's Corner

I really miss our dinners and seeing everyone at SIYC and I am sure you do too. I do support our leadership in the difficult decisions that were made to protect our members, their families and our community. The CDC and WHO continue to ask organizations to modify, postpone and cancel large events. Gov. Hogan announced Thursday a string of unprecedented closures and restrictions in MD - including closing all public schools and senior centers, requiring all non-essential state workers to telework, and barring all mass gatherings in an effort to halt the spread of the corona virus.

As Dr. Fauci and other healthcare officials have stated, this virus renders people contagious before they are symptomatic. Their recommendations are primarily in place to slow the transmission so our healthcare system can cope. The experiences in China, South Korea, Northern Italy and Japan have supported this approach.

Signs and symptoms of Covid-19 are a fever, dry cough and any difficulty in breathing especially shortness of breath. If you think you have these symptoms, even if they are mild, call your healthcare provider. Do not just go to their office, ER, or Urgent Care. These symptoms can develop 2 to 14 days after exposure. With a known infection you can protect others.

The best way to prevent illness is to avoid being exposed. Exposure is highest person to person. Steps to protect yourself continue to be:

Clean your hands often with soap and water for at least 20 seconds





Fleet Surgeon's Corner

(cont'd.)

Use a hand sanitizer that is at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

Avoid touching eyes, nose and mouth with unwashed hands.

Cover your mouth with a tissue or use the inside of your elbow with coughs or sneezes and toss that tissue in the trash.

Avoid close contact with people who are sick; and, if you are sick stay home.

We have to act differently than we have ever acted before.



Fleet Captain's Corner

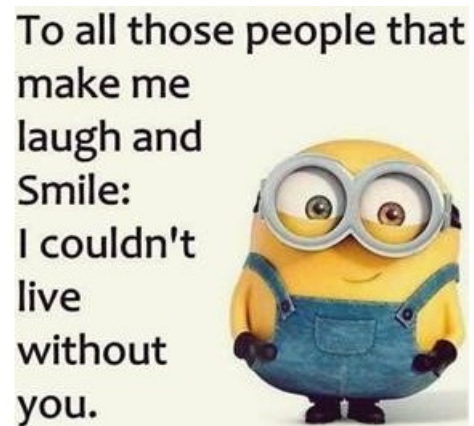
Despite the current situation, let's all look to the future. Since we are mostly homebound, let's use the time to do a thorough safety check of our boats.

The leading cause of boat fires is the electrical system. Boat US has an excellent discussion on their website of what to look for at <https://www.boatus.org/study-guide/boat/maintenance/>. In particular, an often-overlooked item is the shore power connector. These connectors are subject to corrosion which causes high resistance. The connectors are required to carry heavy loads. If corroded, the connector can overheat eventually becoming hot enough to set the adjacent fiberglass on fire. Please take the time during this period to check your connectors and your shore power cable, if in doubt replace them.

Many of you have heard we are planning on replacing the North pier due to its degraded

condition. At present the main concern is loose planking due to deterioration of the stringers underneath. The Pier Committee is inspecting the pier regularly to locate and repair any loose planks. We are restricting use of the pier to members only. If you do go on the pier, please do so cautiously, please do not congregate on the pier and please report any issues you observe.

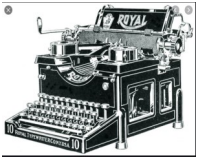
Looking forward to the summer, I am happy to announce we have finalized the cruise to Miles River YC (aka St. Michaels). The dates are August 28-29. Unfortunately, we'll need to limit the number of boats to 8 to 10. Others are welcome if they can anchor out nearby. Once the Club reopens, you can sign up downstairs. More details to follow.



As always, if you have any pertinent information or good pictures that you would like to see in Sez; I'm at:

nogreenpeppers@comcast.net. Kate





Editor's Corner

Like the rest of you, I'm sure, P/C Wilson and I have been glued to every news report we can find in order to educate ourselves and stay abreast of the Covid-19 epidemic. However, the following article released by Johns Hopkins Hospital includes clarification, as well as a lot of information of which we were unaware. So I thought I'd pass it along.

The virus is not a living organism, but a protein molecule (DNA) covered by a protective layer of lipid (fat), which, when absorbed by the cells of the ocular, nasal or buccal mucosa, changes their genetic code, (mutation) and converts them into aggressor and multiplier cells.

Since the virus is not a living organism but a protein molecule, **it is not killed, but decays on its own**. The disintegration time depends on the temperature, humidity and type of material where it lies.

The virus is very fragile; the only thing that protects it is a thin outer layer of fat. **That is why any soap or detergent is the best remedy, because the foam CUTS the FAT** (that is why you have to rub so much: for 20 seconds or more, to make a lot of foam). By dissolving the fat layer, the protein molecule disperses and breaks down on its own.

HEAT melts fat; this is why it is so good to use water above 77 degrees Fahrenheit for washing hands, clothes and everything. In addition, hot water makes more foam and that makes it even more useful.

Alcohol or any mixture with alcohol over 65% DISSOLVES ANY FAT, especially the external lipid layer of the virus.

Any mix with 1 part bleach and 5 parts water directly dissolves the protein, breaks it down from the inside.

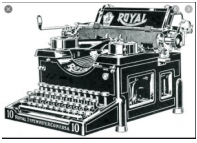
Oxygenated water helps long after soap, alcohol and chlorine, because peroxide dissolves the virus protein, but you have to use it pure and it hurts your skin.

NO BACTERICIDE OR ANTIBIOTIC SERVES. The virus is not a living organism like bacteria; antibodies cannot kill what is not alive.

NEVER shake used or unused clothing, sheets or cloth. While it is glued to a porous surface, it is very inert and disintegrates only between

- 3 hours (fabric and porous),
- 4 hours (copper and wood)
- 24 hours (cardboard),
- 42 hours (metal) and
- 72 hours (plastic).





Editor's Corner

(cont'd.)

But if you shake it or use a feather duster, the virus molecules float in the air for up to 3 hours, and can lodge in your nose.

The virus molecules remain very stable in external cold, or artificial as air conditioners in houses and cars.

They also need moisture to stay stable, and especially darkness. Therefore, dehumidified, dry, warm and bright environments will degrade it faster.

UV LIGHT on any object that may contain it **breaks down the virus protein**. For example, to disinfect and reuse a mask is perfect. Be careful, it also breaks down collagen (which is protein) in the skin.

The virus **CANNOT** go through healthy skin.

Vinegar is NOT useful because it does not break down the protective layer of fat.

NO SPIRITS, nor VODKA serve. The strongest vodka is 40% alcohol, and **you need 65%**.

LISTERINE IF IT SERVES! It is 65% alcohol.

The more confined the space, the more concentration of the virus there can be. The more open or naturally ventilated, the less.

You have to wash your hands before and after touching mucosa, food, locks, knobs, switches, remote control, cell phone, watches, computers, desks, TV, etc. And when using the bathroom.

You have to moisturize dry hands from so much washing them, because the molecules can hide in the micro cracks. The thicker the moisturizer, the better.

Also, keep your **NAILS SHORT** so that the virus does not hide there.



Social Committee Report

Hello everyone, Monica and I hope that you are all staying home and being safe. We just want to thank everyone who came to the Pasta Dinner on March 5. We had a St Patrick's day theme and the food was delicious of course, the cake was made by Dot Sparling and was a huge success. We even made profit!!

Although we had to cancel some of our upcoming events, we can't wait to start serving you again, have a lot of fun and a lot of dancing. We look forward to seeing everyone after this is all over!



SPECIAL THOUGHTS

The Bridge, Board of Governors, and General Membership would like to extend our condolences to Bob and Kathy Sweney for the loss of their son, Jon. We would like to offer condolences to Carol Esau and her family for their loss of Palmer. We would also like to extend condolences to Anita George and her family for their loss of Lee.

We extend get well wishes to Tim Wakeman, Katie Kangas, Ollie Kangas, Rex Miller, John Zalusky and anyone else who might be recuperating.





HANG IN THERE. SUMMER IS ON IT'S WAY!!!

(Thanks for the photo Lucy)

Although Frank and Janet Bellizzis' sponsors couldn't be at their Third Reading on March 7, Kat Tyrrell and Jerry Budnick held up their photos as if they were there celebrating with us all. From left to right: Stoney and Carol Lightstone, Kat Tyrrell and Judy and John Okay.

Very cute idea.



FEBRUARY BIRTHDAY BABY



CAN YOU NAME THAT BOAT?

The story of the “four chaplains” of this vessel is one of the most moving tales of self-sacrifice to come out of World War II. When their vessel was torpedoed, they remained calm, helping the crew with donning life vests and seeing that the injured got safely over the side. When they finally ran out of life vests, all four took their own off and gave them away. As the ship went down with them, they linked arms and joined in singing hymns, each of them in a different language: Latin, Hebrew, and English.

See Page 10 for the answer.



ARTIST WALL

The art wall remains in limbo this month. If things change during the month of April, Sue Stevenson will be displaying her paintings. Thanks to Larry Langfeldt, John Okay, Richard and Marietta Van Natta, and Ted Catchings for showing their works these past two months.

Dot Sparling decorated the mantle for St. Patrick's Day and for the month of March. Anne Breau has signed to do the mantle but will not decorate until after the Club reopens.

TRAVEL PRESENTATIONS

There will be no travel presentations in April and May. We hopefully look to re-start our presentations in June and/or July, so please..... all travelers hone your presentations for the future!

Susan Smith



2020 SIYC Events/Responsibilities

Jan 4	BOG and Change of Watch	R/C & 2019 Bridge
Jan 25	Bill Keefe Memorial Oyster Extravaganza	R/C, B. Dickinson
Feb 8	BOG	R/C
Feb 14	Valentine's Dinner	V/C
Mar 7	BOG	R/C
Mar 14	St Patrick's Day Dinner	R/C (Not held due to COVID-19)
Apr 4	BOG	R/C (Not held due to COVID-19)
Apr 11	Spring Clean Up	R/C & House Chair
Apr 12	Easter Sunrise Service Breakfast (Club closes at 10 am)	COMM R/C
May 9	BOG	R/C
May 16	Princess Cocktail Party	V/C
May 17	Waterman's & Opening Day, Blessing of Fleet Membership Picnic	V/C F/C R/C
May 23-26	Wicomico YC Cruise	F/C (B. Dickinson & S. Barrett)
May 25	Memorial Day Picnic	R/C
Jun 6	BOG	R/C
Jun 12	Chesapeake Yacht Club	F/C (Gambrill)
Jun 26	Taylor Island Cruise (Slaughter Creek Marina)	F/C (Glascock)
Jul 4	Picnic	R/C
Jul 11	BOG	R/C
Jul 17	Indian Creek Yacht and Country Club Cruise	F/C (B. Dickinson & A. Redfield)
Jul 24	Cambridge Yacht Club Cruise	F/C (Langfeldt)
Aug 8	BOG	R/C
Aug 14	White Point YC Cruise	F/C (Gateau)
Aug 21	Cruise to SIYC	S. Smith & A. Redfield
Aug 28-30	Miles River Yacht Club Cruise	F/C
Sep 7	Labor Day Picnic	R/C
Sep 12	Annual Meeting	R/C, Secretary
Sep 19	Commodore's Party	COMM
Sep 25	Fall Golf Tournament	R. Swartwood



Sep 26	Wicomico YC Crab Feast Cruise	F/C (B. Dickinson & S. Barrett)
Oct 3	BOG	R/C
Oct 10	Ted Evans River/Poker Run	F/C, (S. Hayden)
Oct 17	Volunteer's Party	R/C
Oct 31	Halloween	R/C
Nov 7	BOG	R/C
Nov 14	Commodore's Ball Pre/Post Hospitality Suite	V/C R/C
Dec 5	Lighted Boat Parade	F/C
Dec 12	BOG	R/C
Dec 31	New Year's Eve	V/C
Jan 9, 2021	BOG & Change of Watch	R/C & 2020 Bridge

Red Items Budgeted as Special Events – Funds controlled by V/C or COMM

Revenues/Costs for all other clubhouse events budgeted in Food/Bar Accounts. R/C manages clubhouse operations/events and related budgets unless otherwise indicated above.

CAN YOU NAME THAT BOAT?

ANSWER

The *USS Dorchester*. She sank on February 3, 1943, in the icy waters of the North Atlantic off the coast of Greenland with the loss of six hundred seventy-five servicemen. The chaplains were Rabbi Alexander Goode, Protestant Reverends George Fox and Clark Poling, and Father John Washington, a Catholic priest. As such interfaith action was not the norm at that time, it was an inspiration to those who saw it and told the story. All four were eventually honored with windows in the Washington National Cathedral and the Pentagon. In 1948, a commemorative U.S. postage stamp was also issued in their memory. In 1960, Congress created a special Medal of Valor that was awarded to them posthumously.

